



As a pediatrician, I meet many families—but some moments stay with me forever.

Recently, a couple greeted me warmly, as if we had known each other for years. I couldn't quite place them. Smiling, they said, *"Doctor, you attended the delivery of our first child."*

It caught me by surprise—but it's not uncommon. Parents may forget many details over time, but they rarely forget the face of the doctor who was there at the very beginning of their child's life.

And it makes sense. After months of waiting, hope, and hardship, those first moments—the first cry, the first touch, the first glance—are etched deeply in memory. As pediatricians, we witness these emotions every day: tears of joy, relief, excitement, endless photos... and sometimes even a fainting father. Being part of these beginnings is both an honour and a humbling experience.

But one moment, in particular, has stayed with me.

During a cesarean section under general anesthesia, the mother was asleep when the baby was born. The father stood beside her, quietly watching. When I asked him to come and see his baby, he gently said:

"I'll wait... she deserves to see the baby first after all she has gone through."

In that moment, I witnessed something profound—a simple yet powerful expression of love and respect.

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